

Attention Energizes.
Intention transforms.
— Deepak Chopra

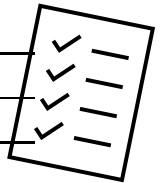
INTENTION SETTING WORKSHEET

My intention is:

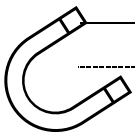


! This intention is important to me because:

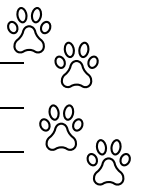
What's already in my life that will help me manifest this intention (skills, strengths, knowledge, relationships, etc.):



What I need to attract into my life to manifest this intention:



My next steps are:



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[About Kidest OM](#)

Kidest OM is a personal development, manifestation, and consciousness expansion author and teacher with indispensable books and online courses designed to help you attract and manifest what you want.

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