

## **Harmonic Emotions List**

CATEGORY			Spectrum		
Grounded	Safe Secure Stable	Trusting Present	Resilient Steadfast	Structured Organized Orderly	
Pleased	Attracted Drawn Engaged Connected Enjoyment	Creative Flexible Responsive Balanced Beautiful	Inviting Passionate Interested Receptive		
Confident	Courageous Fearless Self-assured Bold Sure	Proud Validated Affirmed Valuable Worthy	Competent Decisive Daring Focused Integrity	Willing Assured Strategic Wanted Needed	Autonomous Resourceful Committed Humble Motivated
Love	Kindness Compassion Care Loved Loving	Understanding Cooperative Collaborative Generous Loyal	Cherished Precious Attentive Nurturing Belonging	Accepting Supportive Thoughtful Considerate	Affectionate Devotion Warmth Helpful
Gratitude	Appreciative Abundant Fulfilled Gratified Satisfied	Favored Lucky	Awed Astonished Amazed		



Joy	Playful Cheerful Spontaneous Wonder Delight	Inspired Curious Inquisitive	Excited Cheeky Upbeat	Imaginative Captivated Fascinated	Optimistic Happy Animated
Peace	Radiant	Whole	Quiet	Presence	
	Calm	Tranquil	Free	Spacious	
	Centered	Light	Serene		
	Peaceful				

## **About Kidest OM**

Kidest OM is a personal development, manifestation, and consciousness expansion author and teacher with indispensable books and online courses designed to help you attract and manifest what you want.

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