Kidest OM

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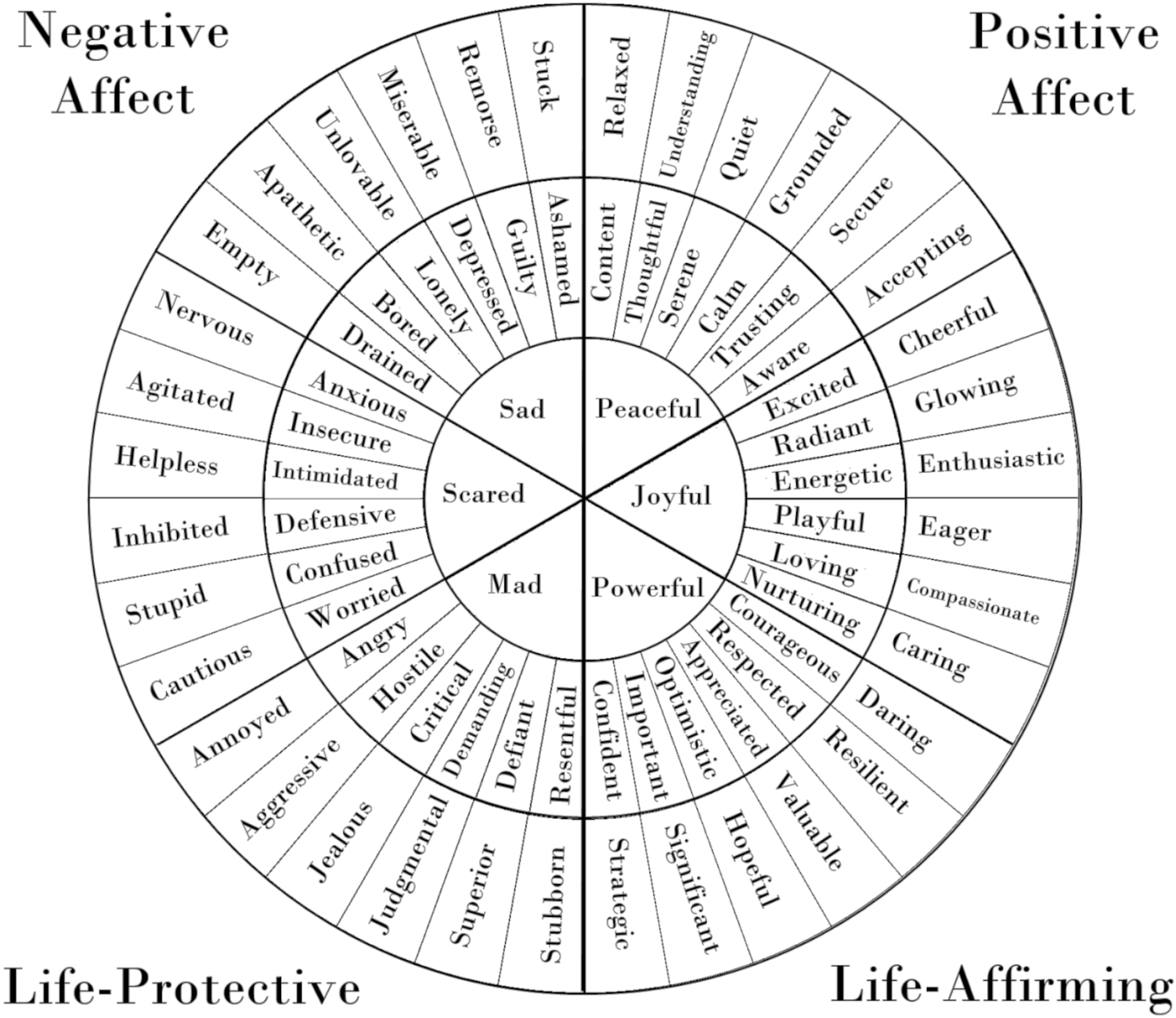
TOOLS – EMOTIONS WHEEL

You can use the following emotions wheel to help you identify and name the specific emotion you're experiencing.



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